

SCHOOL MENTAL HEALTH SPOTLIGHT

Supporting Students, Staff, and Families



Stanley-Boyd Area School District

INTRODUCTION AND BACKGROUND

The Stanley-Boyd Area Schools is a PreK-12 district serving over 1,100 students. Located between Eau Claire and Wausau, the Stanley-Boyd Area Schools strive towards students learning at a high level. The district has been implementing and revising the comprehensive school mental health program for the last 8 years with assistance from the various grants offered by the state of Wisconsin. With this support, the district has designed a quick and efficient referral pathway towards school-based mental health services, community-based mental health services, and to problem solving team meetings to address challenges and concerns in the classroom.

The district collects a variety of data to review the need for support and to review the effectiveness of the support for students. The district reviews office discipline referrals to identify students engaging in challenging behaviors. Screener data is reviewed for externalizing vs. internalizing to identify students in need of additional support. The team also reviews requests from parents and teachers.



**KEY
CONTRIBUTORS**

Pupil Services Team:

School Counselors

School Nurse

School Psychologist

Community Mental
Health Providers

UNIVERSAL APPROACHES

The district's universal level of supports include schoolwide and classroom supports for all students in all settings.

K-6: weekly guidance lessons with the school counselor covering a variety of social-emotional learning topics.

K-12: citizenship and leadership skills through Leader In Me.

Staff Training: All staff are trained to identify positive attributes in students and how to build positive relationships with students. All staff are trained in PBIS expectations and staff complete social-emotional screeners to identify potential students in need.

SUPPORTING STAFF WELLNESS

For the adults in the building and in the community, the district has a fitness center and pool where adults can access fitness equipment, swim or water aerobic classes, and yoga classes. The school staff can also access a confidential area to connect with medical providers to telehealth services for physical or mental health needs. Our district staff have the opportunity to participate in monthly health and wellness challenges. Staff are also provided training or professional development in mental health and wellness topics.

REFERRALS & IDENTIFYING NEED

The district has worked to streamline the referral process for identifying students in need of additional support. Students can be referred for support by teachers or parents.

The PBIS and Pupil Services team also identify students who may be in need of additional support by reviewing office discipline referrals and social-emotional screening results.

The district continues to build on the number of community mental health providers we connect families with.

Stanley-Boyd has a dedicated, confidential space for providers to meet with students during the school day. This limits the amount of time a student is absent for services that normally require them to leave the building.



FOCUS ON EQUITY

The district's new action planning goals include focusing on equity within the comprehensive school mental health programming. The district will be reviewing data and aggregating the data to determine if there are any populations of students being overidentified. The district continues to identify students who are underserved when it comes to mental health support.

IMPACT & GROWTH

The district has seen a significant decrease in office discipline referrals and a decrease in the use of physical restraints and seclusion. The district has also seen a significant increase in families following through for referrals to outside support, as well as an increase in the number of students receiving interventions.

PARTNERING WITH FAMILIES

Throughout the comprehensive school mental health programming in the district, parents are offered frequent and multiple opportunities to be involved and are notified about their child's needs or accomplishments. Classroom teachers utilize technology like Class Dojo or Skyward to notify parents of how their child is doing. Classroom teachers share positive activities students are completing in the classroom with the help of social media. Classroom teachers also utilize low tech options to celebrate student successes by including them in the local paper or sending home positive postcards and positive referrals.

When students require additional support or a problem solving meeting, parents are encouraged to participate and to share strengths & interests of the child and their family. Frequently, parents are given the resources and referrals to get them needed support.



SUBMITTED BY

Krystle Bacha

Pupil Services Director

kbacha@s-bschools.org
715-644-5534 x113

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*a partnership of the **Coalition for Expanding School-Based Mental Health in Wisconsin** & **Wisconsin Department of Public Instruction***

